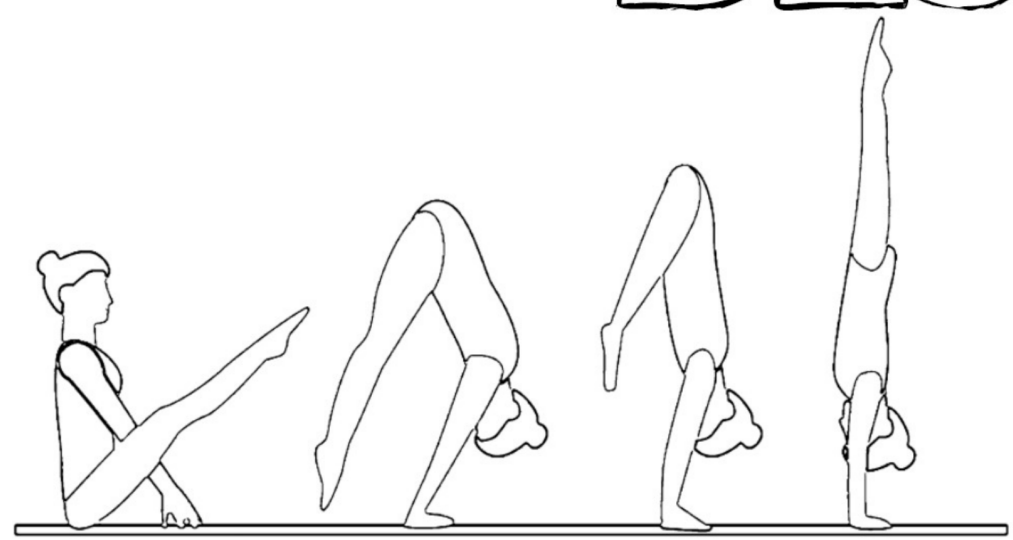


"HARD



days are the

BEST



because that's when

CHAMPIONS

are made "



- Gabby Douglas