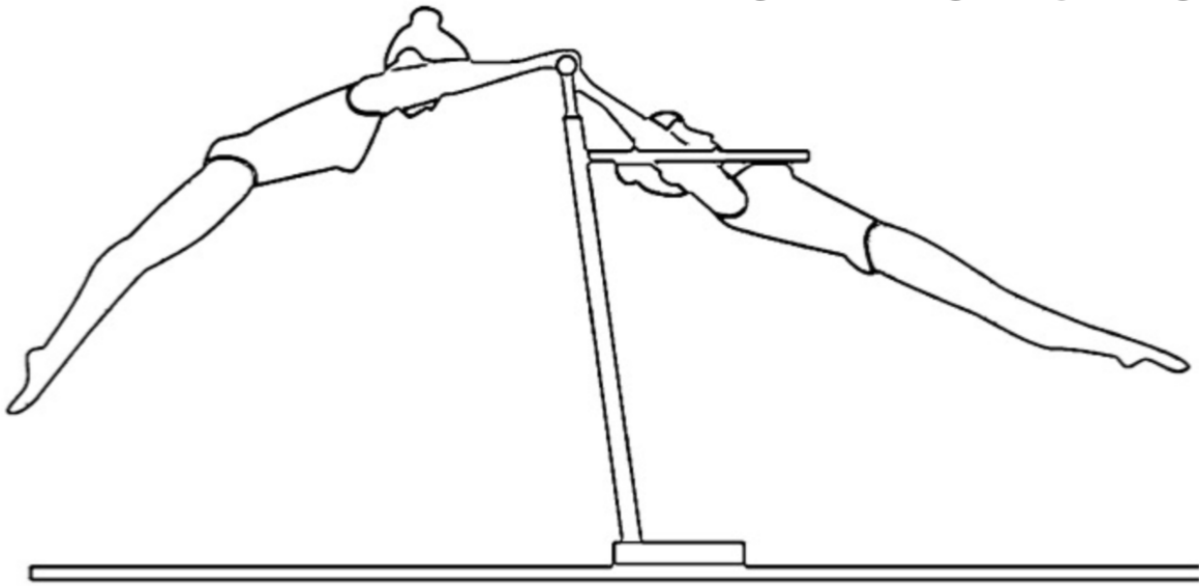


Being a gymnast  
means having the  
**STRENGTH**  
to hold on...



and the **COURAGE**  
to let go.

